



A PAUSE in the TERROIR

BASED ON LOCAL, ARTISANAL & FARM PRODUCTS

⇒ HOT TOASTS* Generous slices of rustic bread with garnish, accompanied by salad

- **Refuge** 13.00 €
Ham, emmental & sheep's cheese, béchamel
- **Pyrénéenne** 16.00 €
Smoked trout from Lau-Balagnas, emmental & sheep's cheese, cream cheese
- **Matthias** 14.00 €
Bacon, potatoes, onion & sheep's cheese from the farm

⇒ EGGS* Salads & local side dishes

- **Omelette** 14.00 €
To choose: ham, cheese or blue cow's cheese
- **Fried eggs & bacon** 13.00 €

⇒ SALADS* 15.00 €

- **Estives** 15.00 €
Bacon, farm sheep's cheese, potatoes, croutons with tomato & garlic seasoning
- **Torrent** 16.00 €
Smoked trout from Lau-Balagnas on toasts with yoghurt & aneth sauce
- **Hautacam** 14.00 €
Blue cheese from the farm, roasted vegetables, potatoes, honey & walnuts

*Served for lunch only

⇒ TERROIR TABLES

- **Cold cuts accompanied by pickles, chillies & olives** 20.00 €
Iberian ham, chorizo, dry sausage, black pork pâté from the Bigorre & artisanal black pudding
- **Farm & local cheeses, made with raw milk, accompanied by artisanal jams** 21.00 €
Sheep's cheese, blue cow's cheese, cured goat/sheep's cheese & Pyrenean reblochon
- **Mixed accompanied by pickles, chillies, olives & artisanal jam** 22.00 €
Iberian ham, chorizo, dry sausage, pâté, sheep's cheese & Pyrenean reblochon

⇒ TO FINISH, WITH SWEETNESS

- **Blueberry tart** ❄️ 6.50 €
- **Artisanal Basque cake** ❄️ 6.50 €
- **Farm yogurt with chestnut cream** 6.50 €
- **Gourmet coffee** 5.50 €
- **Plate of farm & local cheeses** 7.00 €
- **Homemade crepes**
- **Sugar** 4.80 €
- **Chocolate, Nutella or Salted Butter Caramel** 5.80 €
- **Jam : Blueberry, Strawberry or Apricot or Chestnut cream** 5.80 €

If you have specific needs, we invite you to let us know, we will do our best to meet them.

The dishes we offer contain allergens. Please ask us ☺ we will let you know.



The map displays the Pyrénées Atlantiques region, bordered by the Atlantic Ocean to the west and the Hautes-Pyrénées to the east. Major cities shown include Bayonne, Dax, Mont-de-Marsan, Pau, Lourdes, and Pampelune. Rivers depicted are the Adour, Nive, Gave d'Ossau, and Gave d'Aspe. The map is populated with logos from various local entities:

- Hotels & Accommodation:** Villa Dria, CHATEAU DU POUEY, AUSSAU, EXCELSA.
- Restaurants & Food:** PRALINE & MARGUERITE, DuPont de Clarac, Les Petits Fruits, LA FROMAGERIE DU HAUTACAM, Fromages Cazaux, LA TRUITE EN PYRÉNÉES, Le Gascon, Lionel Osmin & Cie.
- Cultural & Local Organizations:** ILENE MORIN, BIERE PYRÉNÉES, LES AMIS DE LA VITICULTURE, LES AMIS DE LA VITICULTURE.
- Natural & Environmental:** NATU RELLEMENT SUD-OUEST.

Key geographical features and peaks are labeled, including Pic d'Orthy (2017m), Pic de Néouvielle (3091m), and Vignemale (3296m). The map also shows the location of the Grotte du Fauconnier and the Grotte de la Vache.